

Prayer for Victory over Depression

Father, You are my refuge and my high tower and my stronghold in times of trouble. I lean on and confidently put my trust in You, for You have not forsaken me. I seek You on the authority of Your Word and the right of my necessity. I praise You, the help of my countenance and my God.

Lord, You lift up those who are bowed down. Therefore, I am strong and my heart takes courage. I establish myself on righteousness – right standing in conformity with Your will and order. I am far even from the thought of oppression or destruction, for I fear not. I am far from terror for it shall not come near me.

Father, You have thoughts and plans for my welfare and peace. MY MIND IS STAYED ON YOU, for I stop allowing myself to be agitated and disturbed and intimidated and cowardly and unsettled.

Satan, I resist you and every oppressive spirit in the name of Jesus. I resist fear, discouragement, self-pity and depression. I speak the Word of truth, in the power of God, and I give you no place, Satan. I give no opportunity to you. I am delivered from oppression by the blood of the Lamb.

Father I thank You that I have been given a spirit of power and love and of a calm and well-balanced mind. I have discipline and self-control. I have the mind of Christ and hold the thoughts, feeling and purposes of His heart. I have a fresh mental and spiritual attitude, for I am constantly renewed in the spirit of my mind with Your Word, Father.

Therefore, I brace up and reinvigorate and cut through and make firm and straight paths for my feet – safe and upright and happy paths that go in the right direction. I arise from depression and prostration in which circumstances have kept me. I rise to new life; I shine and I am radiant with the glory of the Lord.

Thank you, Father, in Jesus' name that I am set free from every evil work. I praise You that the joy of the Lord is my strength and stronghold! Hallelujah!

Scripture References

Psalm 9: 9 and 10; Psalm 42: 5,11; Psalm 146:8; Psalm 31:22-24; Isaiah 35:3,4; Isaiah 54:14; Isaiah 50:10; Jeremiah 29:11-13; Isaiah 26:3; John 14:27; James 4:7; Ephesians 4:27; Luke 4:18,19; 2 Timothy 1:7; I Corinthians 2:16; Philippians 2:5; Ephesians 4:23,24; Hebrews 12:12,13; Isaiah 60:1; Galatians 1:4; Nehemiah 8:10

This prayer is taken from PRAYERS THAT AVAIL MUCH by GERMAINE COPELAND